



WSA Table Tennis School

One-week course – an exemplary schedule

Monday

Until 09:15	Arrival of the participants
09.15 – 09.30	Registration in the WSA GoSports Shop and getting ready for table tennis
09:30	Course start with the welcoming of the participants
09:30 – 12:00	1. Training session
12.00 – 14.00	Lunch break
14.00 – 16.00	2. Training session
From 16.00 on	Individual program

A free practice is possible in the lunch break and after the afternoon sessions.

Tuesday

09:30 – 12:00	3. Training session
12.00 – 14.00	Lunch break
14.00 – 16.00	4. Training session
From 16.00 on	Individual program

An evening session with the Club WSA practice from 18.30 till 20.30 is possible.

Wednesday

09:30 – 12:00	5. Training session
12.00 – 14.00	Lunch break
14.00 – 16.00	6. Training session
From 16.00 on	Individual program

Thursday

09:30 – 12:00	7. Training session
12.00 – 14.00	Lunch break
14.00 – 16.00	8. Training session
From 16.00 on	Individual program

An evening session with the Club WSA practice from 18.30 till 20.30 is possible.

Friday

09:30 – 12:00	9. Training session
12.00 – 14.00	Lunch break
14.00 – 16.00	10. Training session (with tournament)
16.00	Review and goodbye
From 16.15 on	Departure of the participants